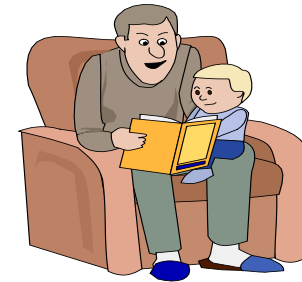


More Ideas for You to Try:

Speech and Language Therapy Service

Helping Your Child  
to Practise at Home



If your child is being seen regularly by the  
Speech and Language Therapist, there is a lot  
that you can do to help.

Your co-operation is essential in helping your  
child to change their speech.

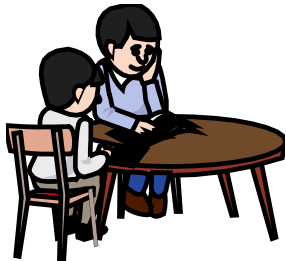
For more information, contact Speech and Language Therapy:  
Tel 01535 295652 or

<http://www.airedale-trust.nhs.uk/services/speech-and-language-therapy/>

**Draft version Aug 2015 due for revision Aug 2017**

It may take three months or more with 10 minutes daily practice for your child to use a new sound in everyday conversation.

Turn the TV, radio and DVD off whilst you practise so your child can hear you and other people speaking.



Practice should be carried out regularly for a short time **each day** - about 5 - 10 minutes - rather than a long period once a week.



Choose a suitable regular time to practise each day, preferably before your child is too tired.

The practice sessions should be short and informal with lots of praise and very little criticism.

Practising should be more like a game than hard work.



If your child has difficulties with several sounds, focus on the sounds being worked on by the Speech and Language Therapist in clinic.

Trying to correct everything at once only confuses your child, slows the process down and can cause negative feelings about talking.



As your child's speech improves, they may be eager to show relatives and friends their new sounds, and this can be encouraged; but avoid putting pressure on them to do so if your child is reluctant.