

# Advice for patients who have swallowed a foreign object

The medical staff have decided that it is safe for you to go home.

If a metal object was swallowed, we may have used a metal detector or an x-ray to check that it has passed from the oesophagus (food pipe or gullet) into the stomach.

## What should I do now?

You should continue with a normal diet. It is not necessary to take laxatives. The foreign body will pass normally with no intervention. There is no need to check the motions.

## You must seek further medical advice if the following happen in the next few days:

- Persistent cough
- Chest or abdominal pain
- Nausea and vomiting
- Blood in your motions

## For more information contact:

- Emergency Department 01535 294481
- NHS 111 111, or 111.nhs.uk
- Your GP
- The NHS website www.nhs.uk

## Notes:

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## Are you a victim of Domestic Violence? For confidential advice, contact:

Bradford	0808 2800 999	<a href="https://www.stayingput.uk.net/contact">https://www.stayingput.uk.net/contact</a>
North Yorkshire	03000 110 110	<a href="https://www.idas.org.uk/">https://www.idas.org.uk/</a>
Lancashire	0300 323 0085	<a href="https://www.lancashire.gov.uk/health-and-social-care/your-health-and-wellbeing/domestic-abuse/">https://www.lancashire.gov.uk/health-and-social-care/your-health-and-wellbeing/domestic-abuse/</a>

If you require this leaflet in other languages or formats please telephone the Patient Advice and Liaison Service (PALS) on 01535 294019

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